

## **Tamalpais High School Field Trip to Belize**

### **Activities Disclosure and Rules of Conduct**

The purpose of this notice is to provide families with a description of the anticipated activities their child may engage in while attending the field trip to Belize and the applicable rules of conduct.

#### **A. Anticipated Activities.**

The field trip will take place in a tropical rainforest and on a coral reef. While in Belize, your child will often be outdoors and exposed to insect bites, hot humid temperatures, bright tropical sunlight, reptiles, and marine animals.

To reach the scheduled destination, your child must travel 15 mile by open boat from the mainland to the South Water Caye.

Physical activities may include walking on potentially steep, slippery, or uneven trails; hiking in a rainforest; climbing pyramids at Xunantunich; wading and swimming in the Macal River and Blue Creek; canoeing or floating down the Macal River; swimming or snorkeling on the Belize Barrier Reef; and wading, swimming, or snorkeling off the beach at South Water Caye.

#### **B. Rule of Conduct.**

Parents and guardians must notify District staff and trip supervisors of their student's swimming proficiency prior to departing because swimming capabilities may impact ability to participate in certain water-based activities.

While District staff and trip supervisors will review specific safety rules for each water-based activity before engaging in the activity, per District policy, each activity has its own inherent risks.

Students must wear appropriate swimwear and related safety gear during all water-based activities and parents or legal guardians should consider the activities listed above when packing for the trip.

All swimming is strictly prohibited except for organized group swim activities with the presence of adult chaperones and lifeguard(s).

**THE PUBLIC BEACHES AND OTHER BODIES OF WATER IN BELIZE MAY NOT HAVE CERTIFIED LIFEGUARDS.**

Confirmation of Receipt.

By \_\_\_\_\_

Name of parent or legal guardian of student named below

Name of student participating in this field trip: \_\_\_\_\_